



Giving Oral Medication Teaching Package  
for Parents/Carers on the Neonatal Unit  
and Transitional Care

Patient details/Patient sticker
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A separate sheet is needed for each care giver.

When Parents sign they are confirming that they have been shown how to give oral medicines, practised with supervision, accept responsibility and feel confident and competent to give oral medicines to their baby.

Discussion/demonstration with family	Nurse signature & date (when parent/carer training has been given)	Parent/Carer signature & date (when practised under supervision)	Parent/Carer signature & date (when feels confident and competent)
I have received, read and understood a copy of the Network Parent Information <a href="#">‘Giving Oral Medication on the Neonatal Unit &amp; Transitional Care’</a>			
I have been shown the hand washing technique and use this prior to and before giving oral medicines. I will apply gel before I start the procedure			
It has been explained to me the importance of: <ul style="list-style-type: none"> <li>• Being involved with my baby’s care</li> <li>• Giving medicines safely</li> <li>• Why my baby needs the medicine</li> </ul>			
I have been given a demonstration of how to give oral medicines by the nursing staff including: <ul style="list-style-type: none"> <li>• Being aware that it is the correct time for the medicine</li> <li>• What medicine is being given</li> <li>• If the medicine can be given with milk or not</li> <li>• Any special instructions needed when giving the medicine</li> <li>• What items are needed</li> <li>• If being given down a tube, pH sticks and a syringe for aspirating prior to giving the medicine</li> <li>• Small bottle if being mixed and given before a feed</li> <li>• Disposal of the used syringes</li> </ul>			